

Professional Information for VIVOMIXX REVISE MICRO

COMPLEMENTARY MEDICINE: HEALTH SUPPLEMENT

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety or intended use.

SCHEDULING STATUS

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1. NAME OF THE MEDICINE

VIVOMIXX REVISE MICRO 10 billion CFU capsules

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Each capsule contains 10 billion CFU (colony forming units) providing:

Lactobacilli (*L. acidophilus*, *L. paracasei*, *L. plantarum*, 9,2 billion CFU

L. rhamnosus)

Bifidobacteria (*B. animalis subsp. lactis*, *B. breve*) 0,4 billion CFU

Lactococcus lactis 0,2 billion CFU

Streptococcus thermophilus 0,2 billion CFU

Sugar, gluten and lactose free.

For the full list of excipients, see section 6.1.

3. PHARMACEUTICAL FORM

Capsules.

Off-white to cream powder in transparent capsules.

4. CLINICAL PARTICULARS

4.1 Therapeutic indications

When ingested on a regular basis, VIVOMIXX REVISE MICRO should improve or normalise the microbial balance in the human intestine and thereby improve the functioning of the digestive tract/gut.

4.2 Posology and method of administration

Posology

Take 1 – 2 capsules daily.

Do not exceed the recommended dosage.

Method of administration

For oral use.

Take the capsules with a glass of water.

Should the capsule be too difficult to swallow, open and dissolve contents in water or yoghurt.

4.3 Contraindications

- Hypersensitivity to any of the ingredients of VIVOMIXX REVISE MICRO listed in section 2 or 6.1.
- Patients with immune-compromised conditions (e.g. acquired immunodeficiency syndrome (AIDS), lymphoma, patients undergoing long-term corticosteroid treatment).

4.4 Special warnings and precautions for use

- Patients with symptoms such as fever, vomiting, bloody diarrhoea or severe abdominal pain should consult a health care provider prior to use.
- Patients should stop use and consult a health care provider if symptoms of digestive upset (e.g. diarrhoea) occur, worsen and/or persist beyond 3 days.

4.5 Interaction with other medicines and other forms of interaction

Antibiotics may decrease the effectiveness of VIVOMIXX REVISE MICRO. VIVOMIXX REVISE

MICRO should be taken at least 2 – 3 hours before or after antibiotics.

4.6 Fertility, pregnancy and lactation

Safety during pregnancy and lactation has not been established.

4.7 Effects on ability to drive and use machines

VIVOMIXX REVISE MICRO is unlikely to affect the ability to drive and use machines.

4.8 Undesirable effects

Gastrointestinal disorders:

Less frequently: diarrhoea, dyspepsia, abdominal pain, nausea, bloating, belching, flatulence.

Skin and subcutaneous tissue disorders:

Less frequently: rash, itching, redness, dermatitis.

Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of VIVOMIXX REVISE MICRO is important. It allows continued monitoring of the benefit/risk balance of VIVOMIXX REVISE MICRO. Health care providers are requested to report any suspected adverse drug reactions to SAHPRA via the Med Safety APP (Medsafety X SAHPRA) and eReporting platform (who-umc.org) found on SAHPRA website.

4.9 Overdose

In overdose, side effects can be precipitated and/or be of increased severity. See section 4.8.

In the event of overdosage, treatment should be symptomatic and supportive.

5. PHARMACOLOGICAL PROPERTIES

Category and class: D 34.9 Probiotics

Mechanism of action:

When ingested on a regular basis, probiotics should improve or normalise the microbial balance in the intestines and thereby improve the functioning of the digestive tract/gut.

6. PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Corn starch,
magnesium salts,
microcrystalline cellulose,
vegetable capsule (containing hypromellose).

6.2 Incompatibilities

Not applicable.

6.3 Shelf life

18 months.

6.4 Special precautions for storage

Store at or below 25 °C.

Protect from light and moisture.

Keep in the original container until required for use.

6.5 Nature and contents of container

Polypropylene flip-top vial with inner desiccant.

Pack size: 30 capsules.

6.6 Special precautions for disposal and other handling

No special requirements.

7. HOLDER OF CERTIFICATE OF REGISTRATION

Orphan SA Pharmaceuticals (Pty) Ltd

260 Cape Rd, Mill Park

Gqeberha 6001

South Africa

Tel: 041 363 0061

8. REGISTRATION NUMBER

Will be allocated by SAHPRA upon registration.

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

Will be allocated by SAHPRA upon registration.

10. DATE OF REVISION OF THE TEXT

March 2026.